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Archeological Parallels for the Exodus Story

Some historians set the time of the Exodus story around the time of Ramses II (1303 BCE-1213 BCE). The Tanakh claims that the Israelis built Ramses, while an inscription from around the time of Ramses II states "Distribute grain rations to the soldiers and to the Apiru who transport stones to the great pylon of Ramses." Similarly, a victory stele of Pharaoh Amenhotep II (1427 BCE-1401 BCE), lists various captives sent to Egypt and 3600 Apiru are listed as Egyptian slaves, implying that Apiru slaves were already in the Land of Egypt in the time of Ramses II. Some scholars believe the Apiru to be Hebrews.

However, ancient Egyptian records assert that nothing resembling the Exodus story took place during the time of Ramses II. This fact has led some to question the existence of the Exodus story. Yet, Immanuel Velikovsky, writing in 1952, has asserted that the apparent conflict between archeology and the Tanakh related to the Exodus story is based on the fact that the Exodus story has been misdated and that if the Exodus story is dated correctly, all such contradictions disappear. Furthermore, the archeologist Emmanuel Anati asserted, "The name of Ramses, in the book of Exodus and in that of Genesis, emerges as a geographical indication: it indicates the site where, according to tradition, the Hebrews were in Egypt. It is not necessarily the same name that the site must have had at the epoch of the Patriarchs or at the time of Moses."

Indeed, according to the Midrash, the Pharaoh of the Exodus story was named Adikam, not Ramses II, and he had a short reign of four years before drowning in the Red Sea. The Pharaoh who preceded Adikam, according to the Midrash, was named Malul, who reigned from age six to 100. Interestingly, the Egyptian historian priest, Manetho, writing in the 3rd century BCE, as well as an ancient Egyptian papyrus known as the Turin Royal Cannon mentioned a pharaoh who ruled from age six to 100 known as Pepi II (2284 BCE-2184 BCE).

Interestingly, during the Sixth Dynasty, of which Pepi II was part, the Egyptians conducted many punitive raids. According to Anati, "A commander by the name of Uni immortalised the actions against

[Continued on page 4.](#)

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COPY DEADLINE: The 20th of the month prior to publication.

RATES: Contact Julie Elizabeth at madrona623@gmail.com.

WEBSITE

<http://www.kolotmayimreformtemple.com>

From Rabbi Louis



We have started reading the third book of the Torah. In Hebrew it is called VaYikrah (and He called) and it is more commonly known by its Greek-English name of Leviticus. This book deals with the many different types of offerings made in the Temple, and the duties of the Cohanim (Priests) and the Levites (the Priestly assistants and singers). It is the middle of the five books and serves as the pivot point of the

Torah. This third book follows on the first book Bereishit (Genesis) and the second book Shemot (Exodus) which detail the creation of the universe and the Jewish People, and the escape from slavery and the revelation at Mount Sinai respectively. The sequence is: creation, revelation and maintenance.

We no longer have the system of offerings that we had when the Temples stood. That is probably a good thing. It has left us however with some dilemmas. We have no universally accepted ways of diminishing our wealth and egos when they are over-inflated. We have no easy and universally accepted ways of acknowledging our misdeeds and finding ways to limit repeating them. We have no easy ways of changing our character traits and improving ourselves. There are many ways of doing the above but they have become highly individualized and idiosyncratic. Maybe that is also a good thing.

When the Temples stood, the combination of animal, vegetable and mineral sacrifice, music and song, costume and ritual made a deep impression on those who attended. Or did it? Did the offering system of the Temple become ordinary, prosaic and meaningless to those who attended? In the book of the prophet Isaiah the role of the animal offerings is rejected in favour of deeds of loving kindness.

The prayers of our lips and hearts have become the substitute for slaughtering animals as a way of increasing our nearness to God. Using prayer as a way of approach is a skill. It takes practice. It takes attention and intention (kavannah). It takes study and it takes participation. It takes mutual support and the willingness to stumble and get to our feet and try again, and to learn from each other. It is a skill that can improve with age.

Feel free to join me as we practice this skill together.

r. Louis

President's Message



Hello Kolot Mayim family,

We are blessed to be living in such beauty. Every street is lined with cherry blossoms in full bloom, sweetly scenting the air. I feel sorry for the rest of Canada suffering such a prolonged winter, and am so glad not to be among them.

Having been born in 1936, I was deeply touched by WWII, and I witnessed the steady stream of refugees at its end. Needless to say I was strongly pulled towards Zionism and was a member of Hashomair Hatzair for many years. Much to my regret I never managed to make Aliyah. In honour of Yom Ha'atzmaut, Julie has published a poem I wrote in my twenties, using my nickname of Rita, that speaks of my feelings about the State of Israel. See page 9.

Recently I had a long and difficult discussion with a non-Jewish friend, sympathiser of the Palestinian plight, and quite anti-Israel. I am still a rabid Zionist and although I don't condone every little thing Israel does, I still defend her right to exist. It makes me angry that the world chooses to treat every Jewish person as though we were collectively responsible for the country Israel. We don't hold every Canadian responsible for the plight of the Native people, or every Arab responsible for groups like Hamas or Al Qaida, so get off my back anti-Semites!

Now down to Kolot Mayim affairs:

Reminder: Please bring something for our Tzadakah Box. Jewish Family Services and The James Bay Community Project Food Bank both thank you.

The book drive for Mitzvah Day, May 5th is proceeding nicely. We already have a lovely selection of donated books, and we hope more of you will find a new or gently used book for young readers to add to our donation box.

Kolot Mayim-at-Home is a novel way for us to get to know one another by offering our homes for an intimate gathering to discuss an idea, share stories, watch a movie, or...Only tea, coffee and cookies need be served. Julie and I would like to get the ball rolling on this new venture with a joint Havdallah and musical Salon on Saturday April 20th. Details are on page 7.

Consider sponsoring an Oneg to honour someone, celebrate an event or just because you want to. We will supply the beverages and Rennie's beautiful China, you bring the food and your friends and family. Contact Julie: madrona623@gmail.com and she will make sure Rennie sends it out on his weekly announcement. See page 5 for this month's sponsored Onegs.

Storytelling continues: Apr. 14th at the JCCV we will combine our group with the Muslims and Hindus, then each of them will host a combined storytelling workshop. There will be a concert at the end and possibly a book. Contact Neal: wassfamvic@yahoo.com or 250-595-3874 It would be nice if we had a good showing from our "shul."

NVC or Compassionate Listening continues on a bi-monthly basis. Improve your communication skills and the quality of your relationships with others. Contact Neal: wassfamvic@yahoo.com or 250-595-3874. [Continued on page 7.](#)

*Mazel Tov to
Dorothy and David Torontow
on their
60th Wedding Anniversary!*



[Archeological Parallels](#), continued from [page 1](#). the Asiatics "that live in the territory of sand" and describes situations comparable to those in the book of Exodus. From the accounts we get a picture of a world conceptually and contextually very near that described in the biblical narrations. The army of Uni devastated the animal enclosures, destroyed the huts, chopped down the figs and grape trees and safely came back to Egypt."

Furthermore, the Ipuwer Ammunitions, dated between 2345 BCE to 2181 BCE, describes many events very similar to the Ten Plagues. One papyrus notes "the river is blood," which corresponds with Exodus 7:20, stating "all of the waters that were in the river turned to blood. Another papyrus claimed "the land is not light," which is similar to Exodus 10:22, "and there was a thick darkness in all of the land of Egypt." Yet still another papyrus spoke of "forsooth, gates, columns, and walls" being "consumed by fire," while Exodus 9:23-24 asserted, "The fire ran along the ground....there was hail and fire mingled with hail, very grievous."

And another papyrus spoke of how the trees were "destroyed. No fruits nor herbs were found." Exodus 9:25 claimed, "And the hail smote every herb of the field and brake every tree of the field." Furthermore, even the killing of the First Born Sons was mentioned in this Papyrus, claiming, "Forsooth, the children of princes are dashed against the wall. Forsooth, the children of princes are cast into the streets." Exodus 12:29 declared, "And it came to pass, at midnight, the Lord smote all of the firstborn in the Land of Egypt, from the firstborn of Pharaoh that sat on the throne unto the firstborn of the captive that sat in the dungeon." Although the matter is still hotly debated, given this evidence, the Exodus story could likely have taken place earlier than what many archaeologists assert.

By Rachel Avraham, unitedwithisrael.org

**Attention all
Service Leaders
and Wannabees**

The second meeting
for all Service
Leaders,
current *and* hopeful,
will take place on

**Monday April
8th**

at

7:30 pm

at

**Rabbi Louis's home,
1135 McClure Street**

We are thinking of having three or four meetings a year to update our skills and knowledge, discuss what works and what doesn't, mentor new leaders, etc. Please mark this date on your calendars and plan on attending.

Chai חיי

The following donations have been received since the last Voice.

In appreciation of **Lynn Greenhough**
– *Julie Elizabeth*

Speedy recovery to **Joel Fagan** –
Dorothy & David Torontow, Julie Elizabeth & Reva Hutkin

Condolences to **Kis Brink** on the loss of her mother, Edith Brink – *Julie Elizabeth & Reva Hutkin, Dorothy & David Torontow, Joe & Ann Gougeon-Ryant*

Mazel Tov to **Merial & Peter Barwin** –
Dorothy & David Torontow

Mazel Tov to **Dorothy & David Torontow** on their 60th Wedding Anniversary! – *Julie Elizabeth & Reva Hutkin*



Sponsored Onegs

Please consider hosting an Oneg Shabbat. It's a great way to honour an occasion or an individual, and introduce new people to our congregation.

We will provide the tea, coffee and juice, as well as advertise the event; you provide the munchies and the people. What could be simpler?

Thank you to:

April 5th Oneg sponsored by **Arlette Baker** in honour of her parents.

April 12th Oneg sponsored by **the Torontows** in honour of their 60th Wedding Anniversary.



JEWISH MOVIE NIGHT

MODERN ISRAELI CINEMA

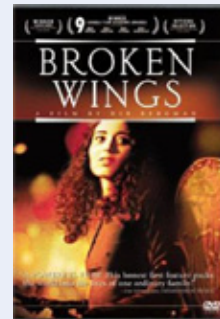
HOSTED BY MICHAEL GANS

Sat. Apr. 27, 2013

7:30 pm

Winner of nine
Israeli Academy Awards in 2003

Broken Wings



Daphne and her four children try to cope with the abrupt death of husband/father. As the family seems to fall apart, a sudden incident gives them a chance to heal their 'broken wings'.

\$5:00

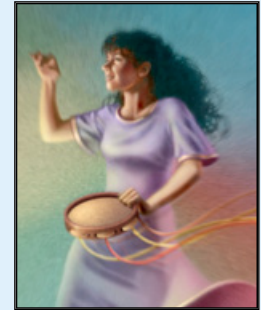
at the JCCV

Movie, Popcorn,
Schmoozing over dessert & coffee.

The best deal in town!

Third Jewish Women's Retreat

Our Rebbetzin, Charlotte, and Donna Michal are excited as they plan the 3rd Jewish Women's Retreat: "Spring to Life." It will be on Sunday, April 21st from 8:30 - 4:30 at Sleeping Dog Farm, on West Burnside. Watch for details in the Weekly Updates.



Yom HaShoah Social Justice Guide

Today, many commemorate Yom HaShoah by lighting yellow candles in order to keep the memories of the victims alive. Most synagogues and Jewish communities gather together to commemorate the day through worship, music and the stories from survivors. You can incorporate social justice themes into your Yom HaShoah observance in the following ways.

Connect With a Holocaust Survivor: There are more than 500,000 Holocaust survivors worldwide, and much of the remaining survivor population is over the age of 85. In New York City, Holocaust survivors are among the lowest-income Jews in the city. On Yom HaShoah, make contact with your local Jewish federation to learn how to connect with Holocaust survivors who may benefit from a visit or some other form of assistance that your family may be able to provide.

Never Forget: As a family or as an individual, make a donation to the United States Holocaust Memorial Museum or another foundation. You can make a general donation, or you can donate in memory of your ancestors who perished in the Holocaust or in honor of loved ones who survived. If you don't know of a direct familial connection to the Holocaust but want to help children understand the impact of the tragedy, consider learning, as a family, about one individual or family who went through the Holocaust – be it Anne Frank, a friend's great-grandparent, or a total stranger whose story is available online or in books – and make your donation in his or her memory or honor. You can research 3 million names and victim biographies at YadVashem.org.

Commit to Preventing Genocide: As a people intimately acquainted with the horrors of genocide, we are obligated to speak out and take action when other peoples are similarly threatened with annihilation. Today, the Darfur region of Sudan faces an immense humanitarian crisis. Only with an immediate end to the violence and increased humanitarian assistance can the horrors being experienced by the people of Darfur be alleviated. This Yom HaShoah, educate yourself and your family on the horrors of the genocidal activity taking place in Darfur and then take action. Write to your government representatives to ask them to support Donate your family's tzedakah money to an organization that works to end the conflict in Darfur or provides aid to those affected by the crisis.

Source: Religious Action Center of Reform Judaism, <ReformJudaism.org>

Tzedakah: A way of life.

Kolot Mayim Supports Food Bank

Hundreds of people rely on the various food banks in town. Torah tells us to leave the four corners of our fields for those in need; in 2013, this could be translated to mean the 4 corners of our shopping carts!

At Kolot Mayim, our Tzedakah Box has been pretty empty lately. I urge everyone to bring a little something to Shul on Fridays. We support two food banks: Jewish Family Services and the James Bay Community Project Food Bank. There are often sales at the various stores, so surely, one could find a can or package for under a dollar. Check for case lot sales; you could bring one can from the case each week. If everyone brought one can each week, it would go a long way to helping those in need.

Thank you for your support.

President's Message, continued from page 3.

If you have a child or grandchild interested in attending Jewish Federation of Victoria and Vancouver Island Summer Camp and Israel Experience this year, the deadline to apply for a scholarship is April 15th. Please contact the Federation at www.jewishvancouverisland.ca.

For Lag b'Omer, Rabbi Louis and Charlotte will be hosting a bon fire in their back yard (unless there is a larger community one elsewhere). Charlotte is again offering her Counting the Omer Workshop for which details are on page 8, and she and Donna Michal will be holding their 3rd Women's Retreat on April 21st. See page 7 for details.

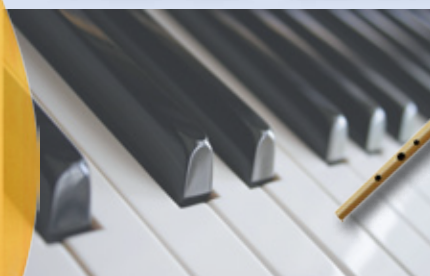
I hope everyone got to at least one Seder. Lucky us, we were invited to two others besides our own!

Until we meet again...

Reva



Havdallah and musical 'Salon'



Kolot Mayim-at-Home

at the home of Julie and Reva,
102 Meadow Park Lane,
on

Saturday April 20th,
beginning at

7:30 pm.

Pot luck dessert

**Bring your instruments,
and let's have a jam!**

**Those who prefer to appreciate rather
than participate are also welcome.**



Counting the Omer Workshop

Pesach Shavu'ot

Our Rebbetzin, again this year, will be presenting a workshop on the Counting of the Omer, and its mystical associations. Please contact [Charlotte Sutker](#) at 250-361-1698 after March 15th to register.

MITZVAH DAY

May 5, 2013

*An event sponsored by Congregation Emanu-El
and other faith-based groups*

We are inviting all members of the Victoria community to join us for a day of kindness and community service. Mitzvah Day is a wonderful opportunity for people in Victoria to spend a few hours, helping a variety of organizations that provide important social services in our community. After consultation with these agencies to determine what projects they would need and welcome, with your assistance, we will provide such help as gardening, cooking, and spring cleaning.

It is our hope that Mitzvah Day will make a meaningful difference to these agencies. We also hope that volunteers will become more aware of the needs and opportunities for service in our community, and might consider adding a volunteering component to their lives after Mitzvah Day.

This day of social action is *entirely* the work of volunteers. As funding for these projects is completely donation-driven, we welcome your financial support for supplies. If you would like to make a contribution, please go to congregationemanu-el.ca and specify "Mitzvah Day" under "donations." Tax receipts will be provided.

Registration is open until April 28th, and is on a first come, first registered basis. For registration details, please see the Mitzvah Day website - mitzvahdayvictoria.ca

For more information, please contact the co-chairs of Mitzvah Day:
Jackie Saunders-Ritchie at 250-595-2973 jasaundersritchie@shaw.ca
Sandy Fagan at 250-477-2006 faganis@shaw.ca

2013 PROJECTS

1. Anawim House: spring house cleaning, working with residents
2. Blanshard Community Centre: helping to paint a mural with community members for the children's playground
3. Family Project: art project/note-book decoration for seniors, and preparing birthdaynbpacks for young children at Single Parent Resource Centre
4. Harrison House: community kitchen soup cooking event with resident participation
5. Kiwanis House Society: preparing casseroles
6. Rock Bay Landing Shelter: foot care provided by foot care nurses
7. St. John the Divine Food Bank: dividing peanut butter, and possibly other items, into containers for distribution
8. Sandy Merriman House: preparing casseroles, working in partnership with Rainbow Kitchen

Family Service was Highlight of Trip to Sedona

The Jewish Community Center of Sedona and Verde Valley is a modern building nestled on the valley floor facing some of Sedona's famous red rock formations. Renowned in Arizona for its unique and stunningly beautiful topography, Sedona is the home of the inclusive but unaffiliated congregation led by Rabbi Alicia Magal. Rabbi Magal is a good friend of our own Rabbi Louis.

The sanctuary has a large curved curtain glass wall behind the bima, with the ark conveniently but artistically placed at the side so as not to impede the gorgeous view. (Please accept apologies for the lack of accompanying photos but you can find lovely views on the congregational website.) The JCCSVV is not yet completely finished but the sanctuary is imbued with a strong sense of spirituality, due in large measure by the way it blurs the boundary between natural and built environment.

The Family Service was called for 5:30 pm and was of one hour's duration. It was very child-centered, very musical, and highly participatory. We were delighted, and honoured, to be included in the small group called to Torah for the one aliyah in the Service. Following the Service, we all moved to the kitchen and dining area for Kiddush, the Ha Motzi and the wonderful sponsored dinner (pareve) which was augmented by offerings from other congregants.

We had the honour of meeting and sitting with Rabbi Magal's ninety-one year old mother who is the heroine of Rabbi Magal's book, *From Miracle to Miracle: A Story of Survival*. All in all, we felt wonderfully welcomed, and enjoyed the experience immensely. Don't go to Sedona without visiting this lovely congregation.

Ann & Joe Gougeon-Ryant

Interlaced: Stories, Faith and Community

Kolot Mayim is participating in the Intercultural Association of Victoria's Interfaith Storytelling Project. This Interfaith project will include the Muslim and Hindu communities. The program will continue at [the Jewish Community Centre on April 14th](#), and will continue on through to June, culminating in a concert. For information and registration contact Neal Wasser at <wassfamvic@yahoo.com> or 250-595-3874.

April 2013
Nissan-Iyar 5773

THE VOICE

Page 9

In honour of Israel's 12th Independence Day

Birth

Among tall weeds
I cast my eyes,
To search for seeds
From Paradise.
There I found you,
Israel, still fresh
With morning dew
In your hair enmeshed.
Sand still stretches groping
Fingers in confusion of direction.
Wild, intrepid cactus bloom, hoping,
Existing on circumspection —
The air, still antiseptic after birth
Is reminiscent of labour pains.
Was this struggle for Israel worth
The bloodbath? As she gains
Her strength and forces,
And living things grow,
As she taps her resources,
Even as wanderers inland flow,
It is evident the price was dear,
But Herzl's dream came true.
A home for me, where, without fear,
I can declare, "I am a Jew."

Rita Hutkin

Non Violent Communication

An on-going bi-monthly Practice Group in Non-violent Communication (NVC) meets bimonthly. Based on the writings of Marshall Rosenberg, the skills learned help us to connect from the heart, using needs-based communication. NVC, also known as Compassionate Communication, can improve your communication skills and the quality of your relationships with others. To inquire about the Practice Group or Future Workshops, contact Neal Wasser at <wassfamvic@yahoo.com> or 250-595-3874.

Those we remember ...



CIVIL DATE YEAR OF DEATH	HEBREW DATE YEAR OF DEATH	NAME	RELATIONSHIP	MOURNER
April, 2006	<i>Unknown</i>	Alex Aiken	Uncle of	Martin Hergt
April 1, 2005	21 Adar II 5765	Martin Spigelman	Husband of	Phyllis Chuly
April 3, 1959	24 Adar II 5719	Alvin Knight	GrandFather of	Heather Gatland
April 4, 2010	20 Nisan 5770	Rita Ryant	Sister of-In-Law	Joe Gougeon-Ryant
April 4, 2012	12 Nisan 5772	Marion Marks	Wife of	Gerry Marks
April 5, 2004	14 Nisan 5764	Blanche Dinning	Mother of-in-Law	Julie Elizabeth
April 6, 1990	11 Nisan 5750	Rose Sher	Grandmother of	Don Sher
April 7, 2002	25 Nisan 5762	William Baker	Husband of	Arlette Baker
April 9, 2010	25 Nisan 5770	Keith Young	Brother of	Gail Parrish
April 21, 2004	30 Nisan 5764	Elfrede Maroke	Aunt of	Caroline Hergt & Geneveie Brandt
April 22, 1974	30 Nisan 5734	Elias Gans	Father of	Michael Gans
April 10, 2002	28 Nisan 5762	Hyman Stern	Father of	Gilda Good
April 11, 2011	7 Nisan 5771	Denny Solo	Brother in Law of	Jacqueline Seigel
April 13, 2011	9 Nisan 5771	George Mendenhall	Father of	Tina Kushner
April 18 2004	27 Nisan 5764	Lillian Sher-Kalisky	Aunt of	Don Sher
April 18, 1989	13 Nisan 5749	Louis Kalisky	Uncle of	Don Sher
April 22, 2005	13 Nisan 5765	Jean Gary	Aunt of	Ellen Wagman
April 22, 1979	25 Nisan 5739	Julius Nestel	Father of	Julius Nestel
April 23, 2010	9 Iyar 5770	Denise Berry	Friend of	Kezia Allen
April 23, 2006	26 Nisan 5766	Son ofia Wagner	Grandmother of	Ian Aaron
May 6, 2004	15 Iyar 5764	Julius (Ziggy) Bleviss	Father of	Morris Bleviss
April 29, 2008	24 Nisan 5768	Alex Aiken	Uncle of	Martin Hergt
April 29 2008	24 Nisan 5768	Margaret Sugarman	Mother of	Sandy Fagan
April 23, 1992	20 Iyar 5752	David Halpert	Father of-in-Law of	Susan Halpert
May 19, 1987	20 Iyar 5747	Jack Monson	Father of	Charlyne Ashford

The Victoria and Vancouver Island Jewish Burial Society

The Jewish Burial Society of Victoria and Vancouver Island is a service organization founded to assist all Jews with end of life requirements. We administer four totally separate and distinct sections in the Hatley Memorial Gardens and provide space for all persuasions of Jewish life from orthodox to secular, complete with cremation if specified.

The Society works with the Victoria Chevrah Kadisha in preparation of the body for burial, and works with the family in all ways to ensure that the concern and embrace of the entire community for the bereaved.

While we are a non profit Society, regrettably, end of life does not respect one's pocketbook, and costs are dear. There is a small membership charge that must be paid to become a member of our Society, and arrangements for this, and for burial requirements may be made at any time. We recommend dealing with one's self and saving the pain and expense of the survivors at a very stressful time.

For additional information on a highly confidential basis, call Joel Fagan (250 477-2006), Jack Shalinsky (250 477-1012), or Michael Goldberg (250 598-9094).



Tallit Making Workshop

**2nd meeting is
Tuesday, April 9th at 7:30
pm**

at 1135 McClure Street

Charlotte Sutker 250-361-1698



Torah Study

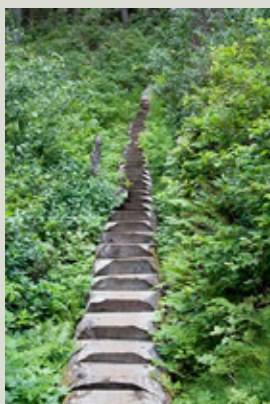
Saturday April 20th
at 4:00 pm at Rabbi
Sutker's Home, 1135
McClure Street.
Everyone is welcome.



April 2013

Nissan-Iyar 5773

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April 1 21 Nissan</p>	<p>2 22</p>	<p>3 23</p>	<p>4 24</p>	<p>5 25</p> <p>7:30 pm Kabbalat Shabbat Service led by Randy Enkin Oneg by Arlette Baker</p>	<p>6 26</p> <p>Shemini Shabbat Mvarekchim</p>
<p>7 27</p> <p>Yom ha-Shoah</p>	<p>8 28</p> <p>7:30-9 pm Service Leader- ship Workshop at Sutkers'</p>	<p>10 30</p>	<p>Rosh April 11 Chodesh 1 Iyar</p>	<p>12 2</p> <p>7:30 pm Kabbalat Shabbat Service led by Michael Gans Oneg by the Torontows</p>	<p>13 3</p> <p>Tazria- Metzora</p>
<p>14 4</p> <p>Yom ha-Zikaron</p> <p>1:00 pm Storytelling JCCV</p>	<p>15 5</p>	<p>16 6</p>	<p>17 7</p>	<p>18 8</p>	<p>19 9</p> <p>7:30 pm Kabbalat Shabbat Service led by Rabbi Louis.</p>
<p>21 11</p>	<p>22 12</p>	<p>23 13</p>	<p>24 14</p>	<p>25 15</p>	<p>26 16</p> <p>7:30 pm Kabbalat Shabbat Service led by Julie & Reva</p>
<p>28 18</p> <p>Lag b'Omer Bonfire</p>	<p>29 19</p>	<p>30 20</p>		<p>White squares indicate days Rabbi Sutker is with us.</p>	



Exploring Twelve Steps in a Jewish Context

Join us in putting 12 steps into a Jewish/Torah context for self-healing and Shalom. This workshop is for Jewish recovering addicts and people who love them. (Defining addiction is totally up to you) We will meet weekly for 13 weeks at Congregation Emanu-El, in the sanctuary on Wednesdays at noon beginning on February 20. We will learn and relate to a step each week and the workshop will culminate with a special Passover Seder for healing. If you are interested please contact rabbiharry@gmail.com or by phone 250-812-6715. All inquiries and all participation will be kept in strict confidence.

The Jewish Federation of Victoria and Vancouver Island

is accepting grant applications for Jewish community projects

until April 15, 2013.

Please review the the application checklist at www.jewishvancouverisland.ca or call 250-370-9488 for more information prior to submitting your application.

Jewish Federation of Victoria and Vancouver Island Summer Camp and Israel Experience Scholarships

Application Deadline: April 15th, 2013



For info call
(250) 370-9488



The Jewish Federation of Victoria and Vancouver Island Society values the experiences that Jewish Summer Camp and Israel Experience Trips (Birthright, March of the Living, etc) can bring to our children and young adult community. Profound relationships are forged with Jewish peers and in relation to the Jewish community in Israel and worldwide. It is important that no child is left behind because of financial circumstances. This is why each year, a portion of funds raised by JFVVIS are allocated to Jewish Summer Camp and Israel Experience Scholarships. If you, or someone known to you, is in need of our assistance, please visit our website for more information and to download the application form:

www.jewishvancouverisland.ca