



## In This Issue

Shemini Atzeret and Simchah Torah	1
From Rabbi Louis .....	2
President's Message	3
Yom Kippur Service Schedule	4
Sukkot and Shemini Atzeret Services	4
Calendar	4
Nonviolent Communication Workshop	5
Yahrzeits	6
Torah Study	7
Tzedakah	7
2011 Combined Jewish Appeal	7
Age-ing and Sage-ing Workshop	8



## Shemini Atzeret and Simchat Torah



**Significance:** A follow-up to Sukkot; the completion of the annual cycle of Torah readings

**Length:** 2 days (Some: 1 day)

**Customs:** Limited "dwelling" in the sukkah; dancing and rejoicing with Torah scrolls

...On the fifteenth day of this seventh month is the Festival of Sukkot, seven days for the Lord ... on the eighth day, there shall be a holy convocation for you. *Leviticus 23:34*

Tishri 22, the day after the seventh day of Sukkot, is the holiday Shemini Atzeret. In Israel, Shemini Atzeret is also the holiday of Simchat Torah. Outside of Israel, where extra days of holidays are held, only the second day of Shemini Atzeret is Simchat Torah: Shemini Atzeret is Tishri 22 and 23, while Simchat Torah is Tishri 23.

These two holidays are commonly thought of as part of Sukkot, but that is technically incorrect; Shemini Atzeret is a holiday in its own right and does not involve some of the special observances of Sukkot. We do not take up the lulav and etrog on these days, and our dwelling in the sukkah is more limited, and performed without reciting a blessing.

Shemini Atzeret literally means "the assembly of the eighth (day)." Rabbinic literature explains the holiday this way: our Creator is like a host, who invites us as visitors for a limited time, but when the time comes for us to leave, He has enjoyed himself so much that He asks us to stay another day. Another related explanation: Sukkot is a holiday intended for all of mankind, but when Sukkot is over, the Creator invites the Jewish people to stay for an extra day, for a more intimate celebration.

Simchat Torah means "Rejoicing in the Torah." This holiday marks the completion of the annual cycle of weekly Torah readings.

*Continued on page 6.*

## RABBI

**Louis Sutker**

## BOARD OF DIRECTORS

### PRESIDENT

**Neal Wasser**  
250-595-3874

### VICE PRESIDENT

**Reva Hutkin**  
250-388-4161

### PAST PRESIDENT

**Jenny Laing**  
250-686-0503

### TREASURER

**Morris Bleviss**  
250-386-5505

### MEMBER AT LARGE

**Arline Leshner**  
250-598-9460

### MEMBERSHIP

**Sharon Shalinsky**  
250-477-1012

### NEWSLETTER

**Julie Elizabeth**  
250-388-4161

### RELIGIOUS SCHOOL

**Amanda Gafter-Ricks**  
250-385-0077

**Lynne Marks**  
250-384-1175

### RITUAL AFFAIRS

**Jessi Simpson**  
250-858-1300

**Joe Gougeon-Ryant**  
250-384-9351

## INTERESTED

## IN ADVERTISING?

For rates and copy deadlines,  
contact Julie Elizabeth  
at [madrona623@telus.net](mailto:madrona623@telus.net)

## WEBSITE

<http://www.kolotmayimreformtemple.com>

## From Rabbi Louis .....



Its Sukkot time.

We dwell in booths (sukkot). These are temporary structures offering some shelter from the elements, but not a lot. They are fragile structures, easily blown apart by wind, and permeable to the rain (as those of us in Victoria know only too well). There is only one big room that everyone shares.

And yet, they have advantages. They are easily constructed and deconstructed. They do provide some shelter from the storm. In an earthquake, they won't fall on you hard enough to hurt.

And yet. We prefer to live in very enclosed spaces. We have separate rooms to live in, to eat in, to cook in, to sleep in. Our walls are solid and insulated. The roofs are protective of the rain and snow.

They are not easily destroyed.

And yet. Something happened in our world on September 11 that shattered out illusion that we are exempt from being temporary residents of God's world. The twin towers were ultimately as fragile as sukkot.

Dwelling in the sukkah, eating there, sleeping there, studying there, reminds us to be grateful for our homes and the stability that we enjoy. We invite guests to share this space with us – guests who may no longer be with us in body. and guests who are very much with us in body. It encourages us to be generous to those who do not even have a sukkah to sleep in, and to help them find a safe place to rest. Dwelling in the sukkah reminds us that our lives are dynamic and challenged.

May the Holy Congregation of Kolot Mayim continue on its path of sharing with each other on so many different levels; continue their work of service to the larger community; and continue to dwell in booths with great joy.

Rabbi Louis and Charlotte invite all members of Kolot Mayim and their guests to drop in at their Sukkah on Sunday, October 16, Noon-3:00 p.m. Dairy or vegetarian pot luck. Come and shake a lulav (palm branch) and etrog (citron).

*Rabbi Louis*

## President's Message



The arrival of the High Holidays brings with it the harvest's bounty. It is a time of plenty when we are surrounded with fresh local fruits and vegetables. Living here on Vancouver Island we are lucky to live in a place so filled with abundance.

We are fortunate to have a congregation committed to providing an all-inclusive Jewish community where anyone with an affinity to Judaism is welcomed. The Ritual Affairs Committee, chaired by Jessi Simpson and Joe Gougeon-Ryant, has worked tirelessly to provide us with a memorable High Holiday experience. Likewise, I want to acknowledge the excellent work of Reva Hutkin as Chair of our Social Action Committee, and now as Vice President, and Sharon & Jack Shalinsky, who have taken care of our membership renewals and new memberships. I want to thank our Treasurer, Morris Bleviss, who has worked diligently on our finances. We are fortunate to have Morris join us from from Calgary where he has held many different leadership roles at B'Nai Tikvah. Thanks to Arline for her work on the Committee for Care and Concern. and to Amanda and Lynne who are on the Religious School Committee. We are indebted to Julie Elizabeth for all her efforts putting together our excellent newsletter. As well, we are always grateful to Rennie and Alec for their efforts insuring the set-up and dismantling of our 'sanctuary' on Friday nights and other special occasions as well as our Onegs. I want to express my appreciation to all who volunteer their time and effort to help sustain Kolot Mayim.

Kolot Mayim is blessed to have a dedicated cadre of lay leaders who lead us in services on the weeks we are without Rabbi Louis. These services are carried out with with great enthusiasm and preparation. They have been well attended even throughout the summer months. We are fortunate to have individuals so dedicated to our congregation.

This year we look forward to our new association with Rabbi Louis. His warmth and humour are a welcome addition to our Temple family. With his well-known knowledge of Torah, many congregants are eagerly waiting to study with Rabbi Louis. We are blessed to have our spiritual leader living within the community. Rav Louis will lead us in worship for Kol Nidrei & Yom Kippur, as well as a combined Shemini Atzeret/Sukkot Service on Friday October 21st.

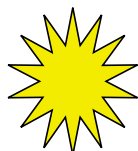
At our September 21 Board meeting, we discussed ways to help engage our community. An idea we are considering is to hold a Coffee House music night. We are looking for musicians who would like to participate. As well, I was approached about the possibility of hosting a concert night of Sephardic Music by Gerard Eddery and the Spirits of Sephard. Anyone interested in being on a committee to make this happen, please contact me. Our Board is currently without a Secretary. Please consider taking part in this sacred work.

This is a year of opportunity for Kolot Mayim. After facing the challenges of last year. we have succeeded in uniting as a community committed to strengthening our congregation. To help strengthen the bonds of our community, we are offering a workshop in Marshal Rosenberg's Non Violent Communication (NVC). I can think of no better way to help maintain a healthy community than to improve our communication skills. The ability to voice our needs and at the same time, listen with empathy, are invaluable skills. At this time of year of self reflection, participating in this workshop can bring positive change both within our families and the wider community. I encourage you to take advantage of the upcoming NVC workshop that will be on November 20th and 27th at the JCCV.

My wife Louise and I wish you all a happy and healthy New Year. Shanah Tova.

Neal

**music**  
music as



**therapy**  
a therapeutic tool

**Q.** What is it ? **A.** Music therapy helps clients to address issues that are affecting their well-being. The client chooses to learn about music, revisit music, or, become acquainted with music in new ways.

**Q.** Who can benefit? **A.** MT can benefit those with learning challenges, mood disorders, chronic mobility issues, memory loss and more; MT offers comfort, distraction, joy and release during times of transition, rehabilitation or recuperation.

Individuals, Families, Groups

**NO PREVIOUS MUSIC EXPERIENCE NECESSARY**

**NEJAMA FERSTMAN BMT** [nuhunni@gmail.com](mailto:nuhunni@gmail.com)

TEL:250 896 4980

Michael Gans will lead us in a special Sukkot Service on Friday October 14th.



Rabbi Louis will lead us in celebrating Simchat Torah and Shemini Atzeret on Friday October 21st.

## Kolot Mayim Yom Kippur Service Schedule

**Kol Nidre, Oct. 7** **7 pm**

**Yom Kippur, Oct. 8** **10 am**

**Yizkor, Oct. 8** **4 pm**

**Concluding service** **4:30 pm**

## October 2011

## Tishrei-Cheshvan 5771

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White squares indicate days Rabbi Sutker is with us.						Ha'azinu 1 3
2 4	3 5	4 6	5 7	6 8	7:00 Kol Nidrei led by Rabbi Louis 7 9	10:00 Yom Kippur and Yizkor, led by Rabbi Louis 8 10
9 11	10 12	11 13	12 14	13 15	7:30 Sukkot Service, led by Michael Gans 14 16	Sukkot 15 17
16 18	17 19	18 20	Hosana Raba 19 21	Simchat Torah 20 22	Shemini Atzeret Shem. Atz. & Sim Torah service led by Rabbi Louis- 21 23	Bereshit 22 24
23 25	24 26	25 27	26 28	27 29	7:30 Kabbalat Shabbat, led by Joel Fagan 28 30	Noah 29 1 Cheshvan Rosh Chodesh

**Kolot Mayim**  
is pleased to present a two-day workshop in  
**NONVIOLENT COMMUNICATION**

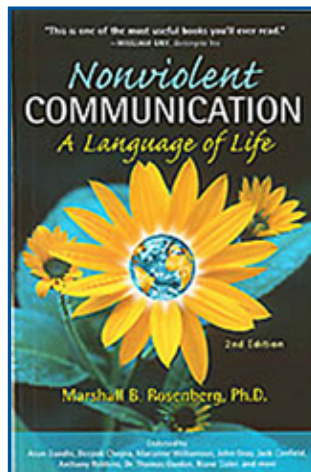
Communication Breakthrough for your personal, family and business relationships

Presented by Michèle Favarger,  
Certified Trainer in Nonviolent Communication

**NOVEMBER 20TH AND 27TH**  
**9AM TO 4PM**  
**AT THE JEWISH COMMUNITY CENTRE OF VICTORIA**

Based on the work of Marshall Rosenberg and the Center for Nonviolent Communication, this workshop can improve communication and the quality of any relationship, be it personal, family or professional. Practical and proven in daily life around the world, Nonviolent Communication is a reliable language for and confidently expressing working through conflict with of the simple four-step process overcome a lifetime of habitual being heard, hearing others, clearly our needs and dreams, and for compassion and success. The power becomes evident as we integrate it to thinking and responses.

**About the Presenter:** Michèle Certified Trainer for the Center is a Mediator/Facilitator/ individuals and couples government agencies, NGOs, institutions of all levels. In offered workshops in Canada facilitating practice groups in has a lively and engaging touch all of us in our personal and professional lives. She relishes every opportunity to share with others and teaches how to embrace conflict for the opportunity it brings.



Favarger, an internationally recognized for Nonviolent Communication (NVC), Counselor with an emphasis on in crisis. She has presented for community groups and educational addition to private counseling, she has and internationally, and enjoys Nonviolent Communication. Michèle manner of speaking about topics that

What people say about Michèle: "It was like Michèle plugs right into people with her words and her heart. She [is] honest and compassionate all at once without passing judgment." School Teacher, and workshop participant: "Not only is Michèle a gifted therapist, she teaches us to hear with our hearts". Will Johnson, Writer and Speaker

**\$250 for 2 days. \$230/person for**  
**Early Registration paid in full by October**  
**30th:**

**Contact REVA HUTKIN at 250-388-4161 (not before noon, please)**  
**or <bubbareva@telus.net> for more information or to register.**



[Shemini Atzeret and Simchat Torah, Continued from page 1.](#) Each week in synagogue, we publicly read a few chapters from the Torah, starting with Genesis Ch. 1 and working our way around to Deuteronomy 34. On Simchat Torah, we read the last Torah portion, then proceed immediately to the first chapter of Genesis, reminding us that the Torah is a circle, and never ends.

This completion of the readings is a time of great celebration. There are processions around the synagogue carrying Torah scrolls and plenty of high-spirited singing and dancing in the synagogue with the Torahs. Drinking is also common during this time; in fact, a traditional source recommends performing the priestly blessing earlier than usual in the service, to make sure the kohanim are not drunk when the time comes! As many people as possible are given the honor of an aliyah (reciting a blessing over the Torah reading); in fact, even children are called for an aliyah blessing on Simchat Torah. In addition, as many people as possible are given the honor of carrying a Torah scroll in these processions. Children do not carry the scrolls (they are much too heavy!), but often follow the procession around the synagogue, sometimes carrying small toy Torahs (stuffed plush toys or paper scrolls).

In some synagogues, confirmation ceremonies or ceremonies marking the beginning of a child's Jewish education are held at this time.

Shemini Atzeret and Simchat Torah are holidays on which work is not permitted. [From <www.jewfaq.org>](http://www.jewfaq.org), Judaism 101

## Those We Remember

OBSERVED DATE	CIVIL DATE YEAR OF DEATH	HEBREW DATE YEAR OF DEATH	NAME	RELATIONSHIP	MOURNER
October 1, 2011	October, 1980	Unknown	Joseph Sugarman	Uncle	Sandy Fagan
October 1, 2011	October, 2005	Unknown	Sylvia Markel	Great Aunt	David Levinson
October 1, 2011	September 9, 2002	3 Tishrei 5763	Florence Weisz	Mother	Eleanor Mintz
October 2, 2011	October 2, 1967	27 Elul 5728	Jessie Jardine	Mother	June Kadanoff
October 2, 2011	October 2, 1992	5 Tishrei 5753	William Wagman	Father	Ellen Wagman
October 3, 2011	October 3, 1990	14 Tishrei 5751	Monica Fisi-Fischer	Daughter	Judith Fischer
October 3, 2011	September 24, 1990	5 Tishrei 5751	Charles Sidney Mintz	Father	Ken Mintz
October 5, 2011	October 5, 1993	20 Tishrei 5754	Mark Hedrick	Uncle	Jessica Simpson
October 7, 2011	October 7, 2008	8 Tishrei 5769	David Masson	Friend	The Congregation
October 7, 2011	October 7, 2008	8 Tishrei 5769	Evelyn Young	Mother	Gail Young
October 9, 2011	October 9, 2008	9 Tishrei 5769	Harry Torontow	Father	David Torontow
October 10, 2011	October 10, 1999	30 Tishrei 5760	Debbie Wagman	Sister	Ellen Wagman
October 10, 2011	October 10, 2010	2 Cheshvan 5771	Sarah Bleviss	Mother	Morris Bleviss
October 11, 2011	October 11, 2007	11 Heshvan 5768	Richard Lawson	Father	Pamela Lawson
October 12, 2011	October 12, 1959	10-Tishrei-5720	Frank Sher	Grandfather	Don Sher
October 12, 2011	October 12, 1976	18 Tishrei 5737	Simon Marks	Father	Gerry Marks
October 12, 2011	September 29, 1985	14 Tishrei 5746	Lillian Quinn	Mother	Susan Halpert
October 13, 2011	October 13, 1998	23 Tishrei 5759	Martin Schulstad	Father	Jacqueline Seigel
October 14, 2011	October 14, 1969	2 Heshvan 5730	Benjamin Bookman	Father	Lawrence Bookman
October 16, 2011	October 16, 1997	17 Tishrei 5758	Harold Miller	Uncle	Don Sher
October 16, 2011	October 16, 2006	24 Tishrei 5767	Eliza (eLEeZa)	Mother	Yehudi Freedman
October 17, 2011	October 17, 2007	5 Cheshvan 5768	Jean Downey Dey	Friend	Rennie Parrish
October 17, 2011	October 17, 1993	2 Cheshvan 5754	Kenneth Conlin	Father	Sharon Gillelan-Shalinsky
October 23, 2011	October 26, 2006	25 Tishrei 5767	Eliza Chasing Freedman	Mother	Yehudi Freedman
October 25, 2011	October 25 1958	11 Cheshvan 5719	Sarah Gottdank	Mother	David Torontow
October 27, 2011	October 27 2003	1 Cheshvan 5764	Moishe Hutkin	Father	Reva Hutkin
October 29, 2011	October 29, 2005	26 Tishrei 5766	John Langston	Great Uncle	Jessi Simpson
October 30, 2011	October 30, 2009	12 Cheshvan 5769	Phylis Harbison	Mother	Glenn Harbison

## Torah Study



Torah Study will continue after the High Holidays at Rabbi Sutker's home.

Watch for an update in this column in the November newsletter.

## Tzedakah: A way of life.

### Kolot Mayim Supports Food Bank

Please bring food donations for the James Bay Community Project Food Bank to the JCC on Friday nights. We have a beautiful box for your contributions, which are deeply appreciated. Packaged goods as well as produce are welcomed.

### Donations of cans of beans and soup are especially needed.

For more information, please contact Reva Hutkin, 388-4161, or Ann Gougeon-Ryant, 384-9351.



## Jewish Federation of Victoria and Vancouver Island

### 2011 Combined Jewish Appeal Campaign

Because of your generosity we are able to fund important and innovative activities of local Jewish organizations on Vancouver Island. We are also able to assist young people in paying for a Jewish camping experience and educational travel to Israel.

Because of your generosity our Hebrew Schools and Jewish Youth organizations can provide a richer experience to the children and youth of Vancouver Island.

Because of your generosity, students in our own and the wider community can study the Holocaust and learn how to prevent anti-Semitism and combat it when it arises.

Because of your generosity, the neediest in our community have a better quality of life.

As well, we are able to allocate funds to Israel, which are specifically targeted to health-related projects in the needier parts of the country. We are also able provide aid for distressed Jews in other countries through the Joint Distribution Committee. Without your support this would not be possible.

We continue to pursue the initiative, in concert with others, to explore the possibility of creating a Jewish seniors housing facility here in Victoria. At this stage of our community development we believe there is a need, and the potential support for such a facility. This planning for this project, still in early stages, will impact our fundraising objectives in the years ahead.

Please give generously when you are contacted, or visit the website at: [www.jewishvancouverisland.ca](http://www.jewishvancouverisland.ca) and click on the "Donate Now" button.



## ***Age-ing and Sage-ing***

**Look at your life as you age.  
Now that we're all living longer,  
what are we going to do with our *extra* years?**

**We will explore our ideas about what it means to age and  
how to mentor so that we can share our sage-ing.**

**Topics include:**

- Life review
- Healing a painful memory
- Forgiveness
- Writing a spiritual / ethical will

**Tuesday evenings:  
October 11<sup>th</sup> & 18<sup>th</sup>  
Time: 7:00 – 9:00 pm  
Place: 1135 McClure Street  
Cost: \$ 20.00**

**To reserve, contact Charlotte or Marnie @ 250-388-5826 OR  
psychologists@shaw.ca**



**The seminar facilitator is Dr. Charlotte Sutker. Charlotte is a Spiritual Director (D.Min.) and Registered Psychologist in BC (M.A.). She has long been interested in the aging process, especially as she is now a senior herself.**